



Swasthya Kalyan Group

Newsletter

October 2024

Manali Trip: A Journey to Remember!

30 September – 3 October

A vibrant group of students from Swasthya Kalyan College of Physiotherapy set off on an exhilarating journey to Manali, one of India's most picturesque hill stations. Nestled in the heart of Himachal Pradesh, Manali greeted them with stunning landscapes, serene mountains, and lively local culture. The trip was more than just sightseeing – students enjoyed campfires under starry skies, adventurous treks, late-night heart-to-heart conversations, and shared laughter, fostering stronger friendships and unforgettable bonds. This rejuvenating trip was a perfect blend of learning, leisure, and lifelong memories.



Navratri Festivities: A Colorful Celebration!

05 October

The Swasthya Kalyan Homoeopathic Medical College campus transformed into a vibrant cultural hub during its grand Navratri celebrations. Organized by PG scholars, the event began with a reverent aarti and continued with energetic Garba dances, showcasing traditional attire, music, and festivities. Students and staff joined hands to celebrate unity and culture. Principal Prof. Dr. Yogeshwari Gupta and Director Mr. Pradeep Agrawal inspired the audience with heartfelt words of encouragement, emphasizing the importance of cultural heritage. The event left everyone rejuvenated and united.



Insightful Visit to SBL Pharmaceuticals!

09 October

BHMS students from Swasthya Kalyan College of Homoeopathy embarked on a valuable educational visit to SBL Pharmaceutical Pvt. Ltd., Sitapura. Under the mentorship of Dr. Vandana Sharma (HOD, Pharmacy), Dr. Neelima Singh, and Dr. Rajkriti Dhakad, students explored the intricate processes of manufacturing homoeopathic medicines. They observed the meticulous quality control standards maintained at the facility and gained a deeper understanding of industrial practices. The visit was an enriching experience, bridging the gap between academic concepts and real-world pharmaceutical applications.



World Mental Health Day: A Thoughtful Event

10 October

The Psychiatric Department of the Health Welfare Group at the Institute of Medical Technology and Nursing Education, Jaipur, commemorated World Mental Health Day with an impactful event themed "It's time to prioritize mental health in the workplace." Principal Dr. Satish Kumar Awasthi addressed the gathering, shedding light on the importance of mental health awareness, early detection of mental health challenges, and prevention strategies. The session emphasized creating a supportive work environment and provided practical insights into maintaining mental well-being, leaving attendees inspired and informed.

मनाया मानसिक स्वास्थ्य दिवस

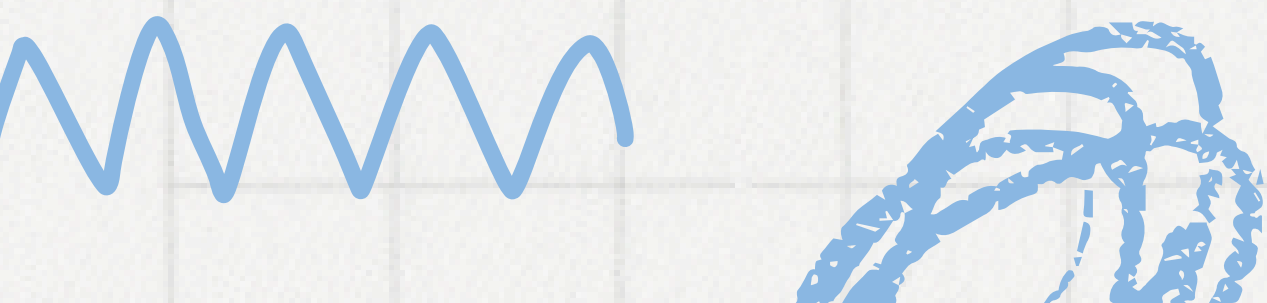


जयपुर, समाचार जगत न्यूज. स्वास्थ्य कल्याण ग्रुप के सीतापुरा स्थित इन्स्टीट्यूट ऑफ मेडिकल टेक्नोलॉजी एण्ड नर्सिंग एजुकेशन जयपुर में मानसिक स्वास्थ्य विभाग साइकेट्रिक डिपार्टमेन्ट की ओर से विश्व मानसिक स्वास्थ्य दिवस पर इट्स टाइम टू प्रायोरिटी मेन्टल हेल्थ इन द वर्क पैलेस, थीम पर आयोजन किया गया। इस अवसर पर संस्था के प्राचार्य डॉ. सतीश कुमार अवस्थी ने मानसिक स्वास्थ्य से संबंधित बीमारियों के बारे में लोगों को जागरूक करने और वर्क पैलेस पर किस तरह से मानसिक स्वास्थ्य को प्राथमिकता देनी चाहिए के बारे में अवगत कराया गया।

IFPH 552th Webinar: Exploring Organopathy in Homeopathy

14 October

The International Forum for Promoting Homeopathy (IFPH) hosted its 552th webinar on 14th October, led by Dr. Pavitra Gaur, MD Scholar from the Department of Materia Medica. The webinar, titled "Organopathy and Homeopathy," was conducted under the esteemed guidance of Dr. Yogeshwari Gupta, Principal and HOD of the Department of Materia Medica. The session provided an in-depth exploration of the integration of organopathy within the homeopathic system, focusing on its relevance and practical applications in modern clinical practice. This enriching webinar inspired attendees with its innovative insights and contributions to advancing homeopathic education and practice.



Faculty Development for Yoga and Naturopathy 14 - 15 October

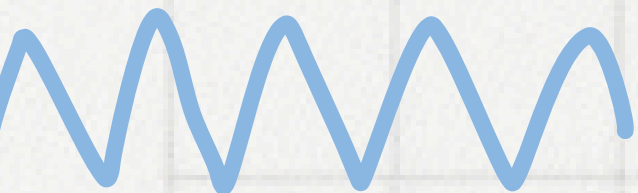
A prestigious Faculty Development Program for Yoga and Naturopathy was organized by the National Institute of Naturopathy, Pune, in collaboration with People's Foundation and Rajasthan Ayurved University. Renowned speakers, including Dr. K. Satya Lakshmi (Director, NIN), Dr. Rajesh Kumar Singh, and Dr. Aklavya Bohra, shared their expertise on advancing Naturopathy and Yoga education. Faculty from Swasthya Kalyan Institute, such as Dr. Nikhat Shah, Dr. Akshita Goswami, and Dr. Anuja Anand, contributed valuable insights. The program aimed to strengthen academic curricula and promote innovation in natural healing sciences.



Advanced Physiotherapy Workshop

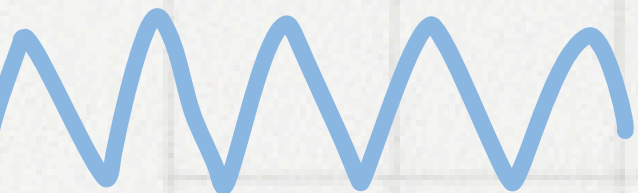
14 - 15 October

An advanced hands-on physiotherapy workshop was conducted at Swasthya Kalyan College of Physiotherapy, focusing on spinal and joint manipulation techniques. Led by internationally acclaimed expert Dr. Diego Cantore at RHL, the workshop provided students with a unique opportunity to gain practical experience in cutting-edge therapies. Emphasis was placed on safety, precision, and clinical efficacy, enabling participants to build confidence and enhance their skills in therapeutic manipulation. This interactive event served as a vital learning platform for budding physiotherapists to excel in their future careers.



Fresher's Party: Welcoming with Joy! 16 October

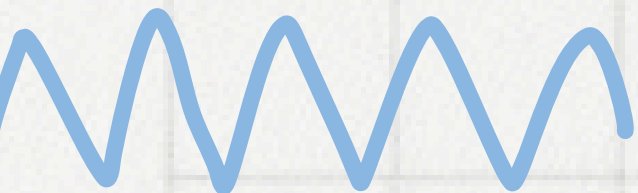
The Swasthya Kalyan College of Physiotherapy hosted a lively and unforgettable Fresher's Party to warmly welcome its new students. The event featured captivating dance and music performances, thrilling games, and an exciting Q&A talent round, where freshers showcased their skills and creativity. Senior students and faculty members joined in, creating an inclusive and energetic atmosphere. The event concluded with heartfelt words from faculty, encouraging the freshers to embark on their academic journey with passion and enthusiasm, leaving everyone with a sense of belonging and camaraderie.



Sports Week: Fostering Team Spirit!

16 - 25 October

The Department of Naturopathy and Yoga celebrated an action-packed Sports and Cultural Week, designed to instill teamwork and sportsmanship among students. Four spirited teams – Red Devils, Blue Riders, Green Titans, and Yellow Knights – competed in various sports and cultural activities. Under the mentorship of Vice Principal Dr. Rambabu, the event became a platform for showcasing discipline, unity, and competitive spirit. From athletics to cultural performances, students demonstrated outstanding talent, making the event a grand celebration of camaraderie and holistic development.



"Learn from yesterday, embrace today, and build tomorrow with passion and perseverance. Your dreams are within reach—keep striving, keep growing!"

www.swasthyakalyan.org

Feedback/Queries: info@swasthyakalyan.org