



Swasthya Kalyan Group

Newsletter

September 2024

National Nutrition Week Celebration 01-07, September

Swasthya Kalyan Homoeopathic Medical College & Research Centre celebrated National Nutrition Week from September 1-7, themed "Eating for a Healthier Tomorrow." To engage students and promote healthy eating habits, the college organized an exciting salad-making competition, coordinated by Dr. Rajkriti Dhakad. This initiative fostered creativity in nutritious cooking and raised awareness about the importance of balanced diets for overall well-being.



Physio-Week 2024 at SK College

02, September

Swasthya Kalyan College of Physiotherapy celebrated Physio-Week from 2nd to 9th September. The week was filled with engaging activities. Day 1 started with a poster presentation on "Low Back Pain," judged by Dr. Ankit Pachori and Dr. Aditi Singh. Day 2 hosted a thrilling quiz competition. On Day 3, a seminar on "Low Back Pain" was held, judged by Dr. Bhupesh Goyal. Day 4 featured a successful blood donation camp. The event concluded with an enlightening talk show by Dr. Ajeet Kumar Saharan and Dr. Gaurav Agarwal on advancements in physiotherapy.




Swasthya Kalyan College
Of Physiotherapy

WORLD PHYSIOTHERAPY WEEK 2024


TALK SHOW

9 Sept. 2024



Prof. (Dr.) Ajeet Kumar Saharan (PT)
PhD, MPT, FIMT
NIMS College of Physiotherapy
& Occupational Therapy
NIMS University Rajasthan, Jaipur

TOPIC :-
Role Of Physiotherapy
In Daily Life



Dr. Gaurav Agarwal (PT)
PhD Scholar
Head, Department of Physiotherapy
Suresh Gyan Vihar University
Rajasthan, Jaipur

TOPIC :-
Technological Advancements
In Neuro Rehabilitation



Trauma Care Training at SKHMC

02, September

On 2nd September 2024, the Primary Trauma Care Workshop was conducted at Swasthya Kalyan Homoeopathic Medical College & Research Centre, Jaipur, supported by the Ministry of AYUSH. Principal Dr. Yogeshwari Gupta welcomed attendees, while CEO CA Shraddha Aggarwal and Dean Prof. Arun Chougale inspired participants. Expert trainers Dr. Siddhartha Sharma and Dr. Adhokshaj Josh provided insights on vital topics such as airway management, hemorrhage control, and wound care, empowering attendees to effectively respond to trauma situations.



Teachers' Day at SKINYS

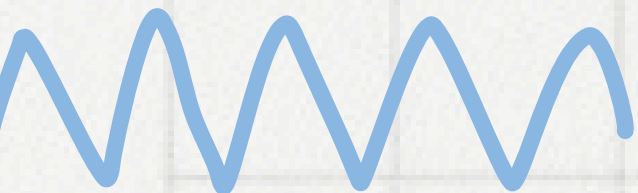
05, September

Students at Swasthya Kalyan Institute of Naturopathy and Yogic Sciences celebrated Teachers' Day by honoring their teachers with heartfelt messages. Vice-Principal Dr. Rambabu, along with esteemed faculty, shared wisdom and inspiration with the students. The event emphasized the significance of curiosity and a commitment to lifelong learning in both personal and professional growth.



Teachers' Day Celebration at SKHMC *05, September*

On Teachers' Day, students at Swasthya Kalyan Homoeopathic Medical College honored their teachers with heartfelt gratitude. The final-year batch organized a fun-filled celebration to express appreciation for their unwavering support and guidance. Teachers shared inspiring words, emphasizing the importance of dedication, curiosity, and a passion for learning, creating a warm atmosphere of respect and camaraderie among students and faculty.



Teachers' Day Celebration at IMTNE- Nursing *05, September*

On 5th September 2024, IMT&NE (Nursing Division) joyfully celebrated Teachers' Day, honoring the birth anniversary of former president, Dr. Sarvepalli Radhakrishnan, a revered teacher, philosopher, and scholar.

Students, with support from senior peers, organized the event to express their gratitude to the faculty. The program began with a heartfelt Ganesh Vandana, and each teacher was welcomed with a rose as a symbol of appreciation. Dean Dr. Arun Chougale and Principal Dr. Satish Kumar Avasthi praised the teachers for their dedication and longstanding contribution.



Ganesh Sthapna and Visarjan Festivities

7-17 September

From September 7 to 17, 2024, the Paramedical Division of the Institute of Medical Technology celebrated Ganesh Chaturthi with deep devotion and joy. Ganpati Bappa was welcomed with traditional rituals, and the 11-day celebration culminated in a grand Visarjan ceremony, filled with lively music, drumming, and heartfelt farewells.



आईएमटीएनई में 11 दिन पूजा-अर्चना के बाद किया गणपति विसर्जन

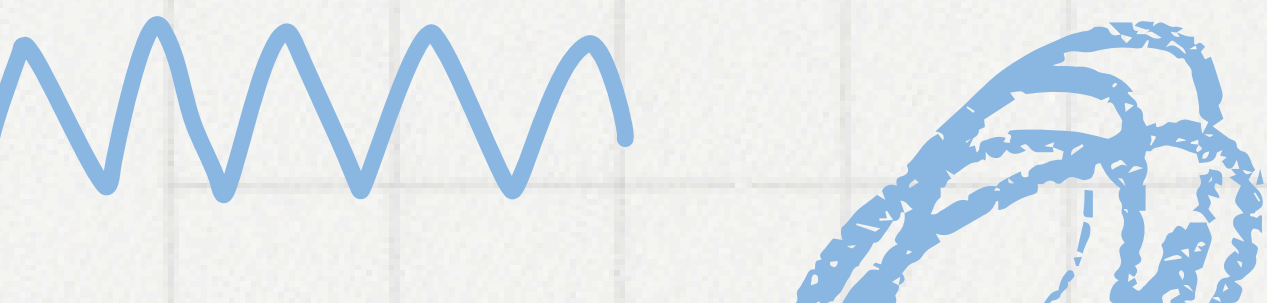


जयपुर, समाचार जगत न्यूज . इंस्टीट्यूट ऑफ मेडिकल टेक्नोलॉजी पैरामेडिकल डिवीजन ने मंगलवार को पूरे मनोयोग और भक्ति भाव के साथ गणपति विसर्जन किया। इससे पहले 7 सितम्बर को संस्थान में गणपति बप्पा की विध विधान के साथ स्थापना की गई थी। बड़े ही हर्ष उल्लास के साथ 11 दिन तक गणपति भगवान को मनाया। मंगलवार को ग्यारहवें दिन ढोल बाजे के साथ गणपति विसर्जन किया गया। कार्यक्रम में संस्था के सभी प्रमुख अधिकारी शामिल रहे और स्वास्थ्य कल्याण संस्थान से जुड़े सभी लोगों और उनके परिवारजनों के लिए मंगल कामना की। इस कार्यक्रम में पैरामेडिकल स्टूडेंट्स, फैकल्टी और स्टाफ ने अहम भूमिका निभाई।

Seminar on Advanced Health Diagnostics

11, September

Swasthya Kalyan Institute of Naturopathy hosted a seminar with Virog Health Care, featuring guest speakers Shri Sanjay Bilwatiya and Parag Bhardwaj. The session demonstrated advanced diagnostic methods using electro-acupuncture technology, capable of detecting conditions like obesity and diabetes without blood samples. Participants learned about holistic treatments such as yoga, acupuncture, and acupressure. Vice-Principal Dr. Rambabu expressed gratitude to the guests for their insightful contributions.



Learning Experience at Rajasthan Hospital

11, September

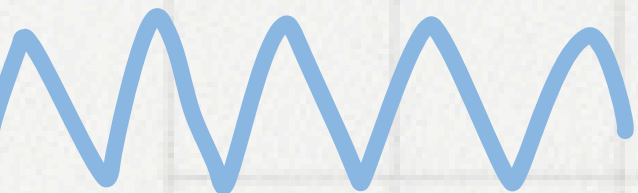
On September 11, 2024, D.Pharm Part-I students from Swasthya Kalyan College of Pharmacy visited Mahavir Jaipuria Rajasthan Hospital, guided by Mrs. Suniti Peswani. The visit included a tour of various departments, providing insights into medical careers and patient care processes. Students learned about hygiene, vaccination, and emergency response techniques, enriching their understanding of healthcare professions while emphasizing the importance of public health and first aid knowledge.



Physio Awareness at Danish Power Ltd

14, September

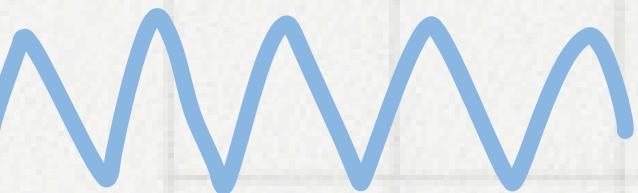
An insightful physiotherapy awareness program was conducted at Danish Power Limited, Mahindra SEZ, on 14th September 2024. Dr. Gajanshu Rawat (PT) led the discussion on "Biomechanical Machinery and Ergonomics: Optimizing Workplace Efficiency and Health," alongside final-year students. The event addressed work-related health concerns and included exercise demonstrations, promoting safer and more efficient workplaces for all employees.



Educational Visit to Rajasthan Hospital

17-21, September

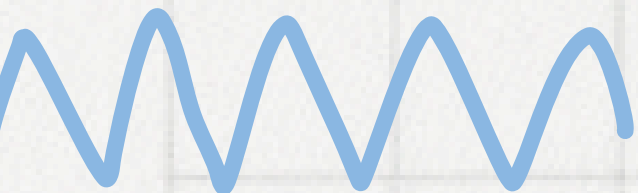
From September 17 to 21, 2024, first-year BHMS students at Swasthya Kalyan Homoeopathic Medical College engaged in an educational visit to Rajasthan Hospital, Jaipur. Under the guidance of Dr. Tanuj Rajvanshy and faculty members, students explored critical areas like the Operating Theatre, Laboratory Services, and Radiology. This invaluable experience, facilitated by Dr. Sarvesh Agarwal, allowed students to deepen their understanding of clinical practices, enhancing their educational journey significantly.



Tree Plantation Campaign at SKHMC

17, September

On 17th September 2024, Swasthya Kalyan Homoeopathic Medical College and Research Centre conducted a vibrant plantation campaign, “एक पेड़ माँ के नाम / Plant4Mother,” organized by the Ministry of Environment, Forest & Climate Change. Principal Dr. Yogeshwari Gupta inspired students by highlighting the crucial role of trees in our ecosystem. Over 100 plants, including Tulsi, Peepal, Aloe Vera, and Mango, were planted, emphasizing the importance of nurturing them daily for a greener future.



Educational Visit to Saras Facilities

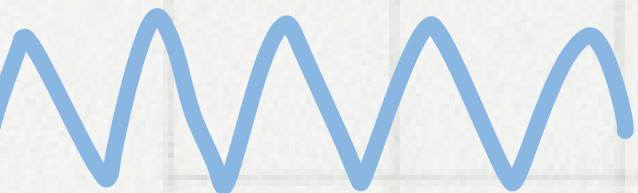
17, September

On 17th September 2024, a field visit was organized for final-year BHMS students to the Saras Milk Pasteurization Plant and Waste Water Treatment Plant, led by Dr. Rajkriti Dhakad, Associate Professor. This educational trip provided valuable insights into large-scale pasteurization and the intricacies of waste water treatment processes, along with discussions on occupational hazards, enriching students' practical knowledge in community medicine and environmental health.



International Patient Safety Day 17, September

On September 17, 2024, the Paramedical Division celebrated International Patient Safety Day with enthusiasm and commitment. Students participated by creating informative posters on the importance of patient safety. Their presentations reflected a deep understanding of safety protocols and inspired a greater sense of responsibility in healthcare practices.



Industrial Visit to Amol Pharmaceuticals

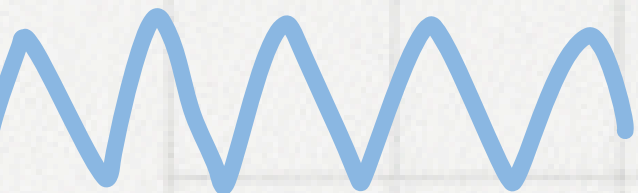
18, September

On September 18, 2024, D.Pharm Part-I students from Swasthya Kalyan College of Pharmacy visited Amol Pharmaceuticals in Sitapura. The visit provided an overview of the company's operations, highlighting key areas such as Manufacturing, Quality Control, and Research & Development. Students gained practical exposure, learned about quality management, safety protocols, and the application of theoretical concepts in real-world settings, bridging the gap between classroom learning and industry practice.



Swacchta Hi Seva Campaign 19, September

On September 19, 2024, Swasthya Kalyan Homeopathic Medical College organized the 'Swacchta Hi Seva' campaign, promoting cleanliness and health awareness. Under the guidance of the National Commission of Homoeopathy, BHMS second and final-year students actively cleaned the college premises and surrounding areas. Principal Dr. Yogeshwari Gupta emphasized cleanliness as vital for health, fostering a sense of responsibility among students and reinforcing the message of societal awareness.



Women's Health Workshop at Rajasthan Hospital

20, September

Swasthya Kalyan College of Physiotherapy organized a workshop on "Physiotherapy in Women's Health After Age 40+" in collaboration with the Indian Women Network (IWN) at Rajasthan Hospital. Chaired by Mrs. Nivedita Sarada, the event featured expert speakers, including Dr. Deepak Rajpurohit and Dr. Garima Singh. They discussed managing stress, musculoskeletal health, and gynecological issues, complemented by live exercise demonstrations and consultations, empowering women to prioritize their health and well-being.



Physiotherapy Awareness at Lunawat Gems

20, September

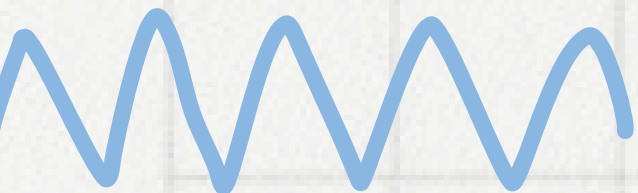
A Physiotherapy Awareness Program was conducted at Lunawat Gems & Jewellery, Sitapura, on 20th September 2024, attracting over 600 participants. Led by faculty members Dr. Tabish Aziz, Dr. Deepak Rajpurohit, and Dr. Aditi Buliya, along with final-year students, the session focused on ergonomics and exercises for better posture. The initiative aimed to enhance participants' overall health and create awareness about the significance of physiotherapy in daily life.



Seminar on Managing OCD

21, September

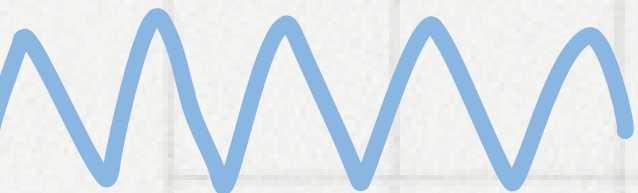
Intern Ayushi Mudgal presented a well-researched seminar on Obsessive-Compulsive Disorder (OCD) at Swasthya Kalyan Institute. The presentation delved into the anatomy, symptoms, and management of OCD, with a focus on naturopathy and yogic practices. The seminar, coordinated by Dr. Nikhat Shah and Dr. Akshita Goswami, concluded with an engaging Q&A session, leaving the audience enriched with practical knowledge on managing OCD through holistic methods.



Closing Ceremony of Mission Poshan

23, September

On September 23, 2024, the closing ceremony of Mission Poshan took place at Rajasthan Hospital, marking a significant milestone in the campaign for improved nutrition. The event welcomed our chairman Dr. S.S. Agarwal, our Managing Director Dr. Sarvesh Agarwal and our guest Dr. Raj Bhandari and MOC Dr. Pranjli Agarwal highlighted the community's commitment to enhancing health and nutrition, setting a strong foundation for future initiatives aimed at promoting public health and well-being across the region.



World Pharmacist Day Celebration 25, September

On September 25, 2024, Swasthya Kalyan College of Pharmacy celebrated World Pharmacist Day with the theme "Pharmacists Meeting Global Health Needs." The event brought together students and faculty, with Principal Dr. Vikas Agarwal in attendance. Under the guidance of Mr. Ashish Jain, participants actively engaged in a poster presentation competition, showcasing their understanding of the pharmacist's vital role in health care and enhancing awareness of pharmaceutical contributions to global health.



"Success is not just about reaching your goals, but about the courage to pursue them with passion, resilience, and an unwavering belief in yourself."

www.swasthyakalyan.org

Feedback/Queries: info@swasthyakalyan.org