



Swasthya Kalyan Group

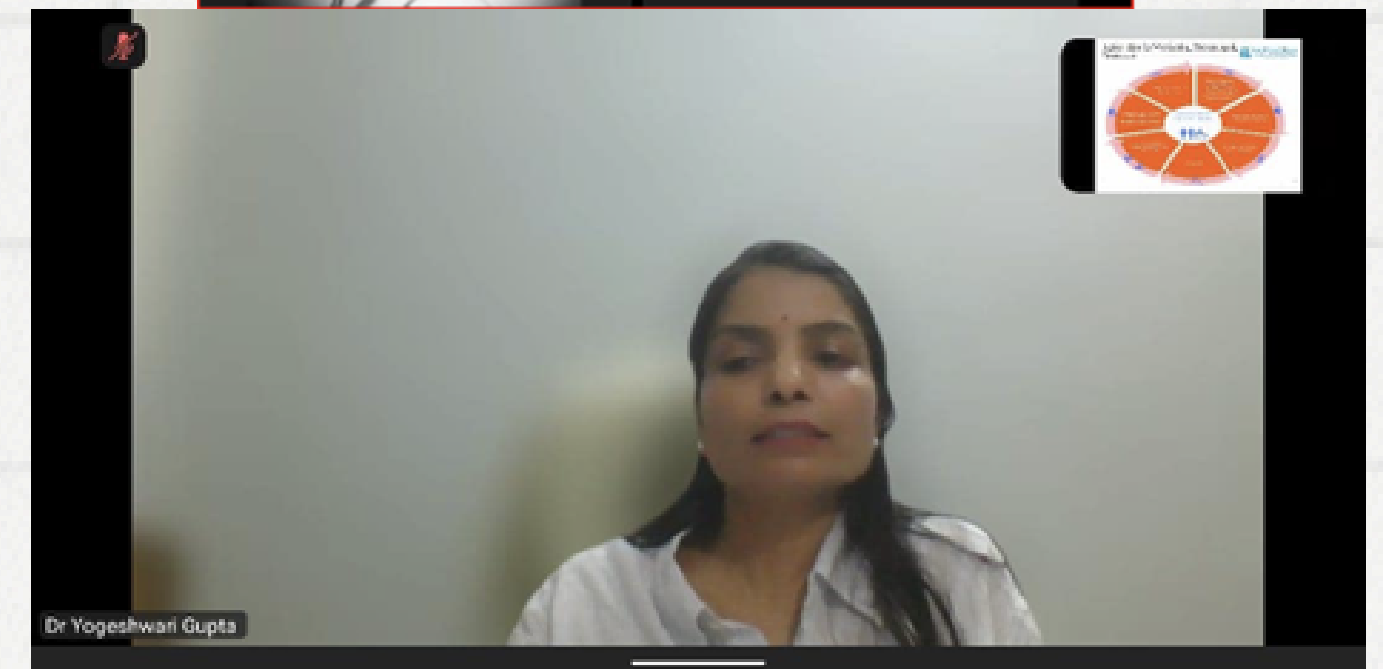
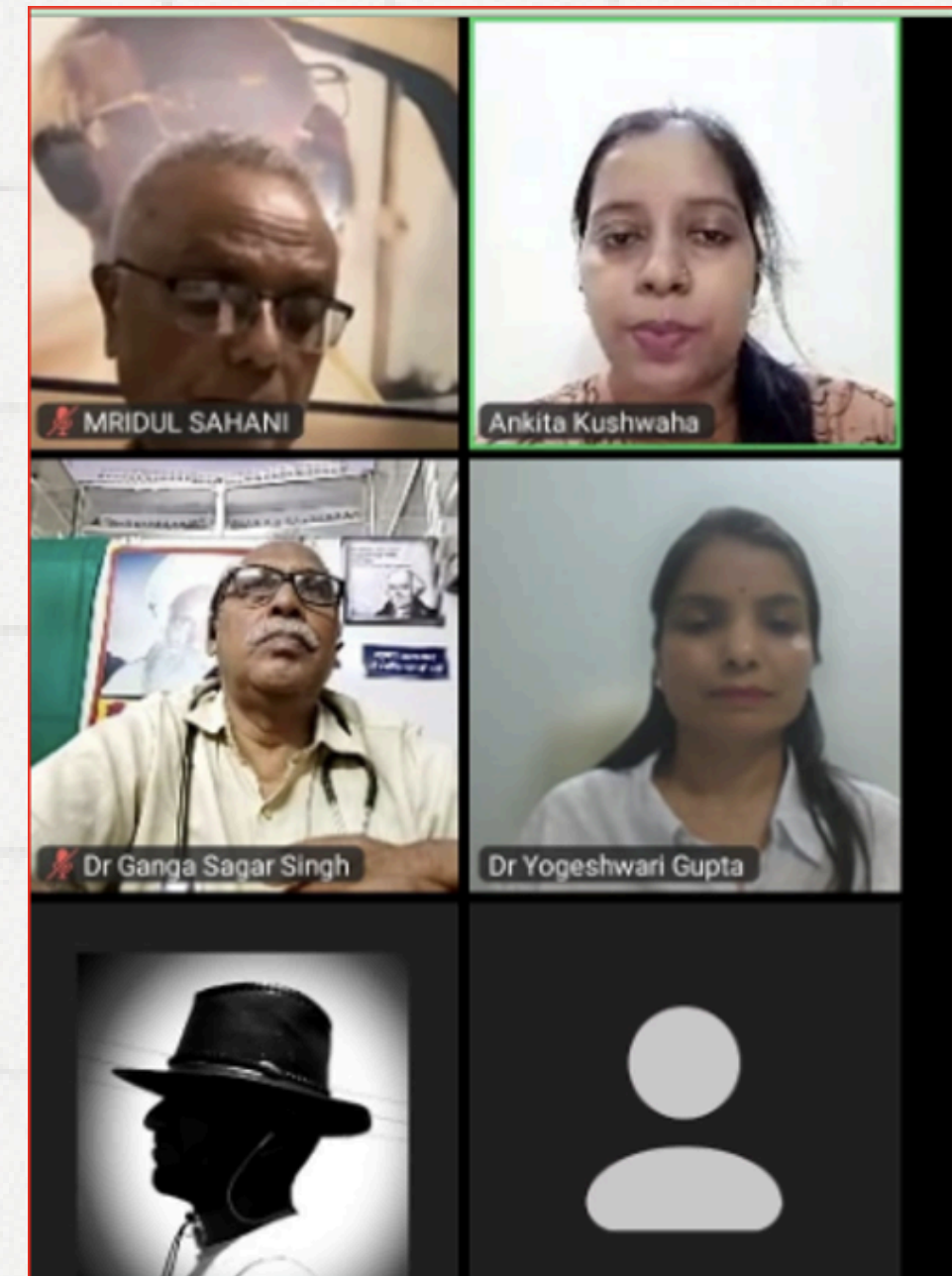
# Newsletter

August 2024

# International Forum for Promoting Homeopathy: Webinar Milestone

On August 3, 2024, the International Forum for Promoting Homeopathy (IFPH) celebrated the 480th day of its international webinars. IFPH, a global humanitarian organization, aims to unite homeopathic practitioners worldwide and highlight homeopathy as a simple, accessible, and natural medical approach.

As part of the event, Dr. Yogeshwari Gupta, Principal of Swasthya Kalyan Homeopathic Medical College & Research Centre, Jaipur, was invited as the guest speaker. Her webinar, titled "जीवन शैली और होमियोपैथी," focused on the intersection of lifestyle and homeopathy, contributing valuable insights to the global homeopathic community.



# Tree Plantation on Haryali Teej

On August 7, 2024, Swasthya Kalyan Homoeopathic Medical College & Research Centre marked Haryali Teej with a meaningful tree plantation event. Teachers and students actively participated in the initiative, alongside Dr. Arun Chougule, Dean and Chief Academic Officer of Swasthya Kalyan Group, and CA Shraddha Agarwal, CEO of Swasthya Group.

The event underscored the institution's commitment to environmental sustainability and community involvement.



# World Organ Donation Day Rally: A Great Success

On August 13, 2024, the World Organ Donation Day Rally took place at IMTNE (Paramedical) to raise awareness and encourage organ donation pledges. Prof. Dr. Arun Choughle, Dean Academic at Swasthya Kalyan, kicked off the event with an inspiring speech.

The 2-kilometer rally, starting from Sitapura Campus and passing Mahatma Gandhi Hospital, Purnima University, and Apex University, featured banners and placards promoting organ donation.

Coordinated by faculty members Mr. Tarun, Ms. Kanishka, and Mr. Pawan, along with student leaders Abhishek, Navdeep, Sahil, Manisha, and Khushi Mugdal, the event successfully engaged the community and inspired many to pledge their organs, underscoring the life-saving impact of organ donation.

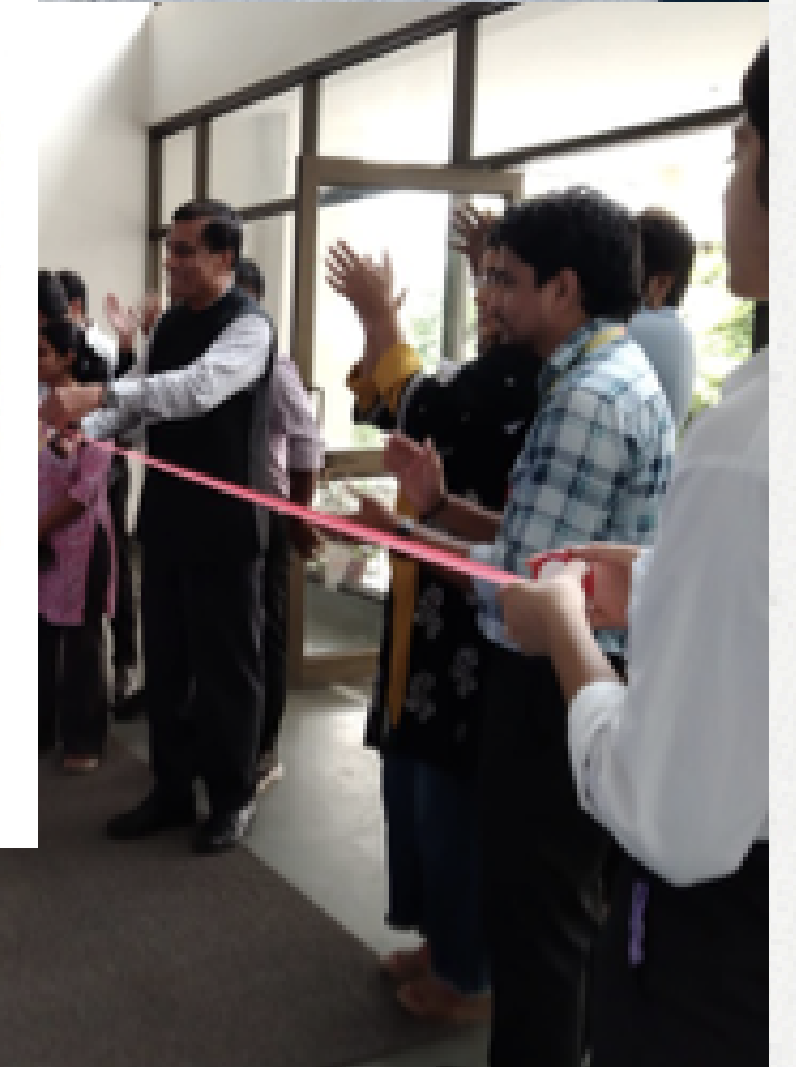


## न्यूज गैलरी

पैरामेडिकल डिवीज़न सीतापुर की छात्राओं ने निकाली अंगदान जागरूकता रैली



जयपुर, समाचार जगत न्यूज। इंस्टीट्यूट ऑफ मेडिकल टेक्नोलॉजी एंड नर्सिंग एजुकेशन-पैरामेडिकल डिवीज़न की ओर से मंगलवार को "विश्व अंगदान दिवस रैली" का आयोजन किया गया। सीतापुरा स्थित स्वास्थ्य कल्याण परिसर से एपेक्स यूनिवर्सिटी, महात्मा गांधी अस्पताल की ओर होते हुए पुनः यह रैली स्वास्थ्य कल्याण कैम्पस पहुंचकर सम्पन्न हुई। रैली में छात्राएं अंगदान जागरूकता के लिए नारे लगाते चल रही थीं। रैली में संस्थान की छात्राओं के अलावा फैकल्टी एवं अन्य कार्मिकों ने भी सहयोग दिया।



# Nasha Mukta Bharat Abhiyan: A Step Towards a Drug-Free Society

On August 12, 2024, Swasthya Kalyan Homoeopathic Medical College & Research Centre, Jaipur, hosted an event under the 'Nasha Mukta Bharat Abhiyan' organized by the Department of Psychiatry. The interactive session, led by Dr. Deepak Tak (PGR) and coordinated by Dr. Apurva Dixit, aimed to raise awareness about the dangers of narcotics and other harmful substances.

The event saw participation from faculty members, PGRs, students, and 4th class staff. At the conclusion of the session, attendees pledged to support a drug-free lifestyle, reinforcing their commitment to combating substance abuse.



# 78th Independence Day Celebration at Swasthya Kalyan Group

On August 15, 2024, Swasthya Kalyan Group celebrated the 78th Independence Day with a memorable event. Mr. Avadhesh Singh, Registrar of Rajasthan University, graced the occasion as the chief guest, alongside Dr. Sarvesh Agarwal, Managing Director of Swasthya Kalyan Group and Vice-President of Rajasthan Hospital Limited; CA Shraddha Agarwal, CEO of Swasthya Kalyan Group; Prof. Dr. Arun Chougule, Dean Academics; and Principal Dr. Yogeshwari Gupta.

The celebration began with the national anthem and flag hoisting. CA Shraddha Agarwal and Dr. Sarvesh Agarwal unveiled the college's new book, "दैदीप्य," and shared their inspiring thoughts. Dr. Arun Chougule addressed the audience, and the event concluded with a plantation drive for faculty members, enhancing the campus environment.



# Ayurveda Hospital Visit: A Learning Experience

On August 25, 2024, students from Swasthya Kalyan Institute of Naturopathy and Yogic Sciences visited Dr. Ravi Ayurveda Panchkarma and Kshar Sutra Kendra in Chomu, Jaipur. Under the guidance of Dr. Ravi Kumawat and with the support of Dr. Jai Prakash Sharma and Dr. Roshni Dubey, the students explored a range of specialized tools and procedures.

The visit included demonstrations of anal and rectal examination instruments, the autoclaving machine, and the Shirodhara process. Students also toured the anorectal operation theater and received detailed explanations of various surgical instruments and techniques.

This enriching experience provided students with valuable practical insights into panchkarma and kshar sutra practices, enhancing their understanding of Ayurvedic medicine.



# K.R. Memorial Hospital Visit: A Valuable Learning Experience

On August 25, 2024, students and faculty members Dr. Jai Prakash Sharma and Dr. Roshni Dubey from Swasthya Kalyan Institute of Naturopathy and Yogic Sciences visited K.R. Memorial Hospital in Jaipur, guided by Dr. Ajay Kumawat.

The visit included emergency medicine classes and a tour of key departments such as the ICU, general ward, and emergency ward. Students gained hands-on experience in patient care, observed catheterization procedures, and learned about CPR and ABC protocols.

This visit provided students with practical insights into emergency medical practices, significantly enhancing their understanding and skills in patient care.



# Industrial Visit to Radiology Department: A Valuable Learning Experience

On August 30, 2024, DRT II Year – Paramedical Division students visited the Radiology Department at Rajasthan Hospital. This visit offered them hands-on experience with radiological equipment and insights into medical imaging technologies.

## Visit Highlights:

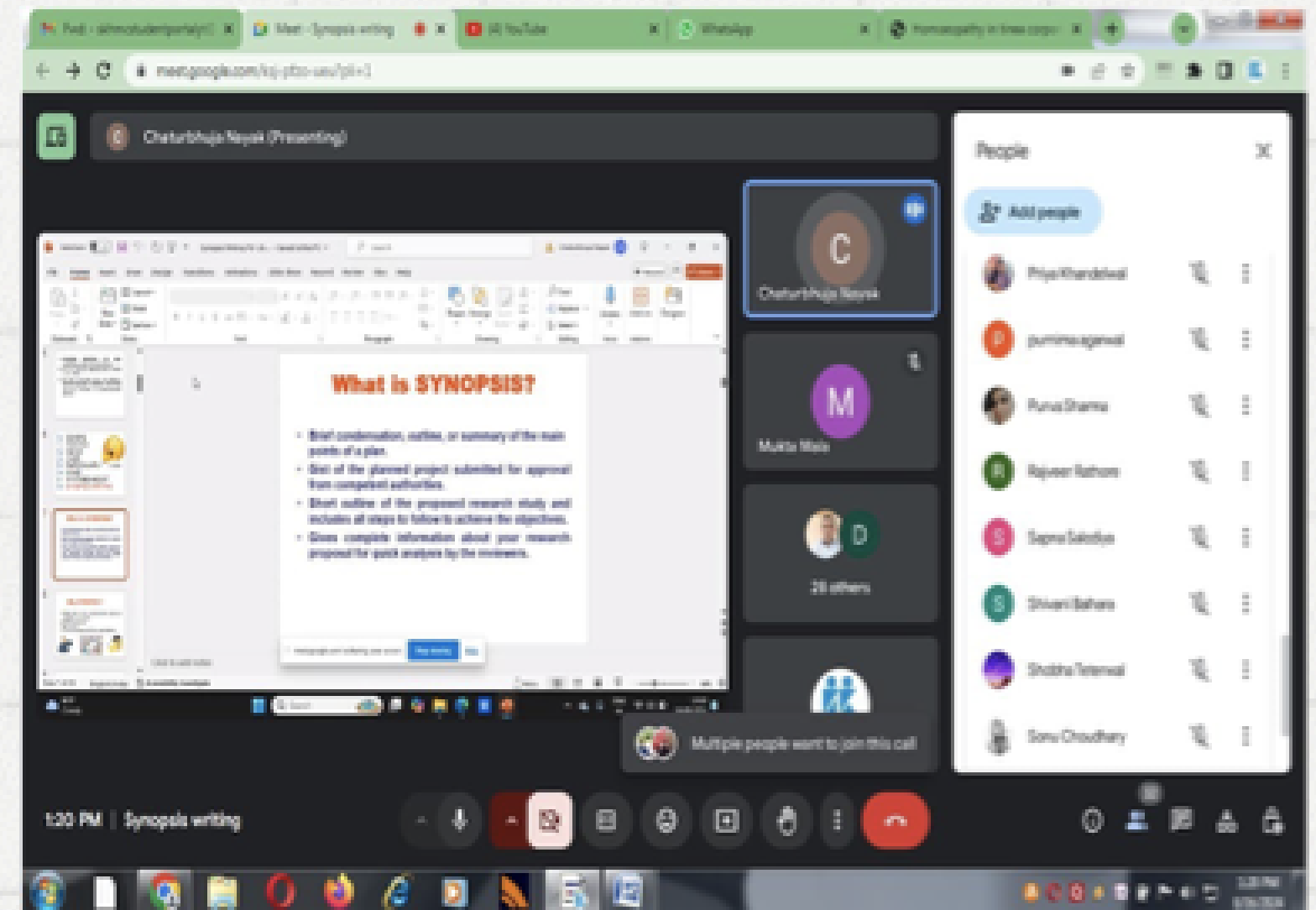
- Understanding the operation of X-ray machines, CT scanners, MRI machines, and ultrasound devices.
- Learning about clinical applications of different imaging techniques.
- Observing daily operations and safety protocols in radiology.
- Interacting with radiologists and technicians to explore the field's challenges and opportunities.
- The visit effectively bridged the gap between theoretical knowledge and practical application, providing students with a deeper understanding of radiology's role in modern healthcare.



# Webinar on Synopsis Writing

On August 6, 2024, Swasthya Kalyan Homoeopathic Medical College & Research Centre, Jaipur, hosted an informative webinar on synopsis writing. The session focused on the methods and techniques of creating effective medical record summaries, which are essential for providing a comprehensive understanding of a patient's health and assisting legal experts in evaluating case strengths and weaknesses.

The webinar was well-attended by undergraduates, postgraduates, and doctors from various colleges, all of whom gained valuable insights into the art and science of synopsis writing.



# Breastfeeding Awareness Week: A Successful Initiative

From August 1 to 7, 2024, IMTNE observed Breastfeeding Awareness Week with a series of informative programs. The week featured expert talks by Dr. Rakhi Gaur from AIIMS and Mrs. Blessy Varghese from Santokba Durlabhji College of Nursing.

Under the guidance of Principal Dr. Satish Kumar Avasthi, Dr. Aditi Agarwal, Mrs. Shabnam Bee, and Mrs. Khushi Sain, the event included seminars, poster competitions, and PPT presentations by BSc Nursing 4th-year students on breastfeeding techniques and positioning.

Highlights included a poster and quiz competition with awards for winners. Mr. Jitendra Kumar Sharma discussed feeding twins, while Dr. Aditi Agarwal covered breastfeeding techniques. Principal Avasthi addressed common breastfeeding myths.

The activities aimed to enhance community knowledge and encourage students and faculty to share information with mothers and the broader community.



## विश्व स्तन पान सप्ताह पर सेमिनार

# बताए स्तन पान के फायदे

जयपुर, समाचार जगत न्यूज. स्वास्थ्य कल्याण ग्रुप के इन्स्टीट्यूट ऑफ मेडिकल टेक्नोलॉजी एण्ड नर्सिंग एजुकेशन में विश्व स्तनपान सप्ताह का आयोजन किया जा रहा है। मंगलवार को विश्व स्तनपान सप्ताह के दौरान एकदिवसीय सेमिनार का आयोजन किया गया। सेमिनार में बी.एस.सी. नर्सिंग-चतुर्थ वर्ष के विधार्थी प्रदीप चौधरी, आदित्य सैनी, हिमांशु प्रजापत, रेणु प्रजापत एवं भावना सारस्वत ने स्तनपान के फायदे तथा इसके तरीके एवं स्तनपान के बारे में अवगत करवाया। कार्यक्रम गाइनेक विभाग के शिक्षक डॉ. अदिति अग्रवाल,



शबनम बी और खुशी सैन के मार्गदर्शन में आयोजित किया गया। जितेन्द्र कुमार शर्मा उपप्राचार्य ने ब्रेस्टफीडिंग में जुड़वे बच्चों को किस तरह से स्तनपान करना चाहिए के बारे में अवगत कराया। डॉ. अदिति अग्रवाल ने माताओं को स्तनपान के सही तरीकों के बारे में बताया। इस अवसर पर संस्था में पोस्टर प्रतियोगिता व प्रश्नोत्तरी भी रखी गई,

जिसमें विजेता छात्रों को पुरस्कृत किया गया। संस्था के प्राचार्य डॉ. सतीश कुमार अवस्थी ने नौकरी करने वाली महिलाओं को नौकरी के साथ किस तरह से बच्चों को स्तनपान और उसकी देखभाल कि जाती है उसके बारे में विस्तृत जानकारी दी तथा सभी विधार्थियों एवं शिक्षकों का इस संदेश को सभी आमजन जनता तक पहुंचाने के लिए प्रेरित किया।

# Breastfeeding Week: A Week of Awareness and Engagement

In celebration of World Breastfeeding Week 2024, themed "Closing the Gap: Breastfeeding Support for All," Swasthya Kalyan Homoeopathic Medical College & Research Centre organized a series of impactful activities. Under the guidance of Dr. Shobha Teterwal and Dr. Pranji Agarwal, the Pediatrics Department led these events throughout the week.

## Highlights included:

**August 3:** A breastfeeding awareness camp at Anganwadi Kendra, Sanjay Nagar.

**August 5:** A pot painting competition celebrating the art of nurturing and care.

**August 6-7:** Nukkad Natak performances in Rampura and Dantli, focusing on healthy breastfeeding practices, myth-busting, and addressing complications.

The program, attended by a diverse audience from nearby villages, also featured demonstrations of CPR (cardiopulmonary resuscitation), educating the community on first aid for emergencies. The week successfully promoted breastfeeding awareness and provided valuable health education.



# Seminar on India's Scientific Heritage

Swasthya Kalyan Homoeopathic Medical College & Research Centre, Jaipur, hosted an enlightening seminar on India's scientific heritage and healthcare advancements. Led by Dr. Arun Chogle, Dean of Academics at Swasthya Kalyan Group, the seminar titled "India's Treasure Contribution to Science and Healthcare" offered students a captivating exploration of India's rich contributions to these fields.

The event was honored by the presence of Principal Dr. Yogeshwari Gupta, who added to the significance of the occasion. The seminar provided valuable insights into India's scientific achievements and their impact on healthcare.



# Mission Poshan Abhiyan: Monthly Distribution of Nutritious Food Packets

As part of the Mission Poshan Abhiyan, Swasthya Kalyan Homoeopathic Medical College & Research Centre, in collaboration with the Indian Council for Child Welfare (ICCW), Jaipur, is tackling childhood malnutrition by distributing 250 nutritious food packets each month. Launched in September 2023, this initiative will continue for a year.

Guided by Dr. O. P. Tak, Dr. S.S. Agarwal, and Dr. Yogeshwari Gupta, and led by Dr. Pranjli Agarwal along with a dedicated team of PGRs and interns, the food packets are distributed systematically on August 6, 11, and 13, 2024. This effort ensures that children from various socio-economic backgrounds receive essential nutrition.

The project's impact is being closely monitored and evaluated to assess its effectiveness in improving children's health outcomes.



# Jaipur Tiger Festival: A Captivating Exhibition

From July 27 to 30, 2024, the Jaipur Tiger Festival hosted a Tiger Photography Exhibition at Jawahar Kala Kendra. The event featured stunning work from over a hundred renowned wildlife photographers, drawing a large and diverse audience, including students, politicians, bureaucrats, judicial officials, and social activists.

Among the attendees were 1st-year BHMS students and faculty from Swasthya Kalyan Homoeopathic Medical College & Research Centre. Their visit provided valuable insights into tigers' habitats and the importance of wildlife conservation. The exhibition showcased breathtaking images of tiger life and ecology, offering an enriching experience for all.



**"Education is the silent sculptor of dreams,  
chiseling away doubt to reveal the  
masterpiece within every mind."**

**[www.swasthyakalyan.org](http://www.swasthyakalyan.org)**

**Feedback/Queries: [info@swasthyakalyan.org](mailto:info@swasthyakalyan.org)**